



Clinical Hypnotherapy

We use Brief Strategic Methods, such as..

- Clinical Hypnotherapy
- Neuro Linguistic Programming (NLP)
- Energy Intensive Channeling (EIC)
- Rapid Cognitive Therapy (RCT)

Would you like Help to ...

Stop Smoking?

Lose Weight?

Stop Nail Biting?

Relax?

Learn More in Shorter Time?

Can help in many ways, including...

- Improve Your Confidence/ Assertiveness
- Boost Your Ego
- Make Changes in your life
- Obsessive Compulsive Disorders
- Psycho-Sexual Issues
- Public Speaking Fears
- Phobias & Fears
- Snoring & Sleep Problems (insomnia etc)
- Abuse Issues
- Control Nightmares & Stuttering
- Control Irritable Bowel Syndrome
- Sports Performance
- Agoraphobia
- To come to terms with illnesses (Cancer, Diseases, HIV/AIDS etc)

GP's permission may be required

Free Initial Consultation

(Usually takes approx. 20-30 mins)

£35 PER SESSION *

(Sessions take approx 20 –60 mins)

*Price Guarantee until October 2009

Book Your FREE Initial Consultation NOW

by calling: **07518 825 588**

Simône Bradshaw
Clinical Hypnotherapist Gosport

Or Email: relax@simonebradshaw.com

Or Visit Site: www.simonebradshaw.com